



1980-08

# The Classmate: Naval Postgraduate School Officer Students' Wives' Club Magazine / Vol.21, no.7 (August 1980)

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# the classmate





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# the classmate

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by Kathy Oliphant



# editor's notes



**Deb Lott**  
**Editor-in-Chief**

Festivals! Gala! Special Events! A time to celebrate and the Peninsulans love to celebrate! They celebrate their music, history, heritage, natural beauty and the wine for which they are famous. This

month for our focus, **Classmate** gives you a sampling of some of these special events to provide a taste of good times to be had on the Monterey Peninsula. So be sure to mark your calendars and join the fun!

The next issue will be the September/October Welcome Aboard issue. This issue has traditionally been a handy reference guide to information about NPS, OSWC, schools, activities, the Presidio, Ft. Ord and the surrounding area. We would certainly welcome any suggestions on how to make this issue as friendly and useful as possible.

I would also like to take this opportunity to welcome the new arrivals to Monterey. It is a beautiful and interesting place in which to live and I hope each one of you enjoys your stay here. There are plenty of opportunities for recreation, culture and involvement. One of the best ways to get involved, learn about the Peninsula and the community, enjoy good company and have some fun is to join the staff of **Classmate**. You do not need experience, only some enthusiasm. We meet on the first Tuesday and second Wednesday of each month in the Tower

Room of Herrmann Hall. Proofreaders as well as writers are needed. Please come join us, or give me a call. □

## Letters to the Editor

Dear **Classmate**,

I was a student at NPS from 1958-61, while I was in the Chinese Navy. NPS has always been dear to my heart. A fellow researcher at the Civil Engineering Lab has just spent a wonderful year at NPS. He presented me with your June '80 issue. It brings back a great deal of good old memories.

S.S. Wang  
July 4, 1980

Dear Mr. Wang,

It's people like you that make this publication worthwhile. Thank you for your subscription.

## COMMISSIONED OFFICERS AND FACULTY CLUB

The Naval Postgraduate School Officers' and Faculty Club is among the finest in the Navy. Its services are provided to all active duty officers of the Armed Forces, faculty members and other specific groups. BankAmericard and Mastercharge are accepted for package store, evening food services and El Prado bar.

Continental Breakfast — 0739-1030, El Rancho; Luncheon — 1100-1315, El Rancho (Cafeteria); Evening Dining — 1830-2130, El Prado (Friday and Saturday). TGIF on Friday nights 2100-0100. Music Friday and Saturday nights 2100-0100.

Attractive rooms at the Club are available for private parties, and the Club will provide prepared menu selections for home parties. For details call 372-1339.

Remember to make reservations early and do let the Club know if you must cancel them.

### GUARANTEE ON PARTY RESERVATIONS

Private parties in our dining rooms for which reservations have been made for 20 or more persons, must sign a contract (at least 24 hours prior to the event) guaranteeing 95% attendance.



The beautiful sunken garden with pool, colorful flowers and well groomed plants sets the scene at Herrmann Hall at the entrance to the Commissioned Officers' and Faculty Club.

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# OSWC news



## Jane Kuck President's Message

August has arrived to find our husbands once again engrossed in their studies. For OSWC members, August also signifies the change of OSWC Executive and Governing Boards. I must say, that for me, this term as President has passed smoothly, delightfully and altogether too quickly.

Each month in this article, I include all the official thank yous from OSWC. Since this is my last article, I shall include some personal views and appreciations which I cannot leave this office without articulating.

To our Executive Board Officers, Lucy, Lynne, Lora, Sue and Damon, I enclose warm gratitude for the exceptional support and abilities which you have so generously shared with me. I am personally richer for the friendships we have formed, and I must state that you are remarkably impressive ladies and I am extremely proud to have worked with each of you. These ladies constitute the backbone of this worthwhile organization.

To the members of the Governing Board, I express admiration for your willingness to work and for your spirit of cooperation. These ladies have helped, in large part, to earn OSWC the high regard it enjoys.

I am fortunate, indeed, to have been a part of the many activities OSWC has sponsored, among them, Adobe Tour,

Bargain Fairs, the Gala Ball, Welcome Aboards, the Easter Egg Hunt, and the Art Auction. These projects and events prove that OSWC has tapped the greatest natural resource of all - enthusiastic people.

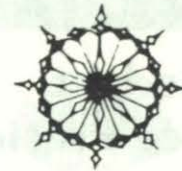
I truly believe that this is the most unique wives' club to be found in the military, and I strongly urge each and every wife to attend our events and learn for yourself the exciting possibilities OSWC has to offer. Your active support is vital for the continuing success of OSWC. I have learned a great deal during this term as President, and I am more convinced than ever that with hard work and cooperation, one can accomplish anything.

In a public but personal note, I want to voice appreciation to my husband, George, and our daughter Kristin, for all the love, encouragement and patience they have demonstrated. Due to my attending many meetings with the Executive Board, the Governing Board, the NPS Officers Club Advisory Board, and individual committee chairmen, etc., my family has, on many occasions, cooked their own meals, done dishes, answered phone calls for me and various other

household chores. They have remained thoughtful and uncomplaining throughout. Without their confidence in me, I never would have accepted this challenge when it was offered to me, and I never would have enjoyed it so thoroughly. Thank you both - you are my backbone.

My memories are full, and I extend my best wishes to my successor during her term as President.

To each of you, I send a very special and personal wish to continued happiness and success. □



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**Lucy Pledger**  
**First Vice President**

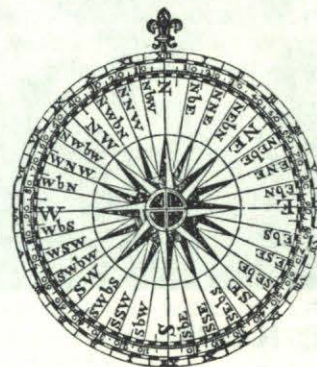
The current OSWC term is rapidly coming to an end, and we will soon be welcoming new members to the governing and executive boards who will be directing all the various activities for the next six months. The installation of new officers will be held at what promises to be a delightful brunch on August 15th, at the Barbara McNitt ballroom. The occasion is open to everyone, so please plan to attend. We will be honored to have as a guest speaker Mrs. Lynn Ekelund, the wife of NPS's superintendent, Rear Admiral John J. Ekelund.

Mrs. Ekelund is a most charming Navy wife who has lived in various homeports in the continental United States, Hawaii, and Puerto Rico. She will enlighten us with experiences of her exciting life from an Ensign's wife to her present position while raising seven children and still having time for golf, tennis and other exploits. It should be a most enjoyable experience. Mrs. Ekelund has agreed to allow some time at the end of her talk to answer any questions that we might have. A separate flyer will contain details concerning times and reservations. See you there Friday the 15th.

This will be my last article for *Classmate*, so I would like to take this

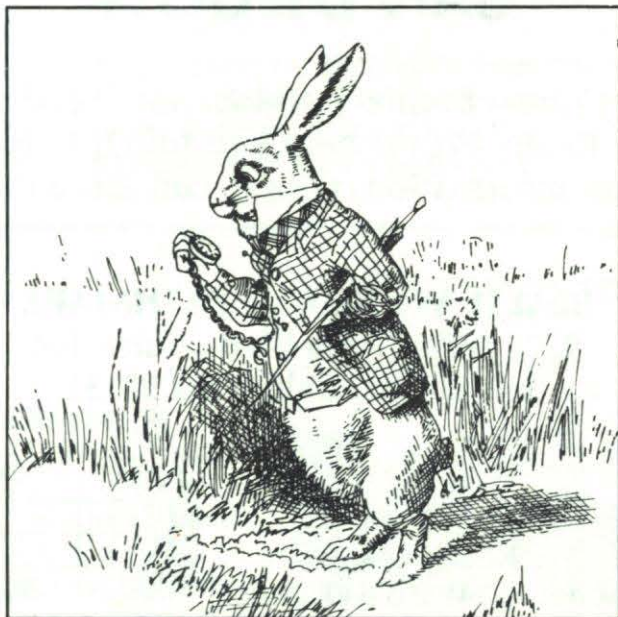
opportunity to thank all of you for the support you have given me as First Vice President. With husbands constantly buried in the books, OSWC provides a great vehicle for us wives to get to know each other and find out what's available in the way of activities and events. It has been my genuine pleasure to have devoted my time and telephone to such a worthwhile organization. Don't let me give you the impression that the activities of the past six months have been staged single handedly. Without the tireless efforts of every member of the executive and governing boards as well as each C.R., I would never have left first base. Thanks to everyone.

Our little family will be packing up for D.C. in October, so if any of you are ever in the area, please give me a call. □



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— Benjamin Franklin



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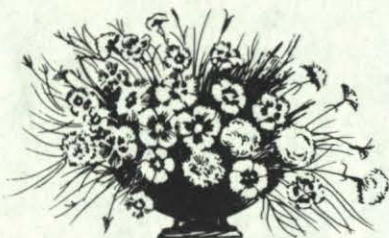
## OSWC

### Kathleen Carmody Membership Chairman

The Officers Student Wives' Club at the Naval Postgraduate School is a unique wives club. It offers many varied activities at discount prices to members. The club is also an excellent way of "breaking the ice" and getting to meet an active group of ladies with common interests.

Some of the activities sponsored by OSWC are the Art Auction, the quarterly Bargain Fairs, the Easter Egg Hunt, the Santa Visits and the Christmas Party, just to name a few.

The OSWC is made up of members whose support will help continue these programs. However, OSWC relies mainly on membership dues to sponsor these free, or minimal cost, programs. We invite you to join the OSWC and take advantage of all the opportunities that are here for you to enjoy. □



#### OSWC COURTESIES:

Courtesies are extended by OSWC in the form of flowers or cards to student wives who are hospitalized, seriously ill, or who have had a birth or death in the family. If you know of anyone to whom flowers or a card should be sent, please contact Lynne Turowski, 382-4679. □



Military Ball Committee (Left to right)  
Top Row: Susan Zysk, Cathy Butler  
Bottom Row: Mary Ulrich, Helen Estabrooks

## Military Ball by Helen Estabrooks

The OSWC Military Ball Committee has been hard at work to ensure that the 1980 ball will be as enjoyable as those that preceded it. The Military Ball will be held on Saturday, October 4, in the Barbara McNitt Ballroom. The evening will be the perfect opportunity to meet with your friends and classmates from all the services as well as a chance to meet new friends. This year the menu will consist of Champagne Toast, Caesar Salad, Prime Rib Roast, Cavalier Potato, Peas with Mushrooms, Wine, Birthday Cake and Coffee. It's really not too early to make plans for attending. Tickets will go on sale in September. □



TO OBTAIN OSWC MEMBERSHIP fill out the form below and return it with the appropriate dues to Kathy Carmody, SMC 2089. Dues are as follows:

Initial membership/renewal (2 quarter minimum) \$3.00

Each subsequent quarter/3 months \$1.50

(EX: Dues for 6 quarters/18 months \$9.00)

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QUARTER MEMBERSHIP IS TO START (JAN; APR; JULY; OCT) \_\_\_\_\_

Interested in Committee Work? \_\_\_\_\_ Club Administration? \_\_\_\_\_



# naval postgraduate school news



## NAVY RELIEF SOCIETY:

It was more than a simple toothache for the wife of MSGT Cashless. The dentist estimated it would cost \$800 to complete the urgent dental work she needed. Mrs. Cashless had gone to the dentist because of serious pain in one tooth, but found that she had major problems, and several were infected. It was clear that a lot of work had to be done right away and it was going to cost a lot of money. Furthermore, the dentist wanted some guarantee of payment before he started treatment and the Cashless' didn't have any money or the credit.

When she told her husband that night, he thought Navy Relief might help. They both went to the Navy Relief office the next day taking the dentist's estimate with them. After comparing their estimate with the local scale of dental fees, Navy Relief did help. A letter guaranteeing payment was prepared for MSGT and Mrs. Cashless and arrangements were made for repayment by allotment in amounts they could afford. Her dental work was started the next day.

Dependents' dental care is usually the responsibility of service members rather

than the Navy, except in overseas areas. Routine prevention care is considered a normal expense of daily living which should be included in every family budget. However, corrective dentistry can involve sizeable costs. In 1979, Navy Relief provided more than a quarter of a million dollars of help for such cases. This assistance is limited, however, to dental care needed to restore serviceable dental capability and does not normally include such items as the cost of gold inlays or crowns. Similarly, Society assistance for orthodontia is provided only when necessary to correct a serious physical handicap or disfigurement. Except for acute emergency situations where immediate treatment is required to alleviate pain, a statement of the proposed treatment plan and its cost should be reviewed with your Navy Relief office before beginning treatment. In some cases, it pays to get a second plan and estimate. Our NRS office is located in Herrmann Hall downstairs from the quarterdeck. Hours are Monday, Wednesday, and Friday, 10-1. Telephone: 375-7665. □



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## Presidential Quiz

With the upcoming election, interest in our presidents is heightened. How many of these questions on well-known and not so well-known facts about the presidents can you answer?

- Who was the only president who was an adopted child?
- Who was the only president to resign?
- Who was the only president to get married in the White House?
- Which two presidents were father and son?
- Which two presidents were grandfather and grandson?
- Who was the only president to receive all the electoral votes cast in an election?
- Which president had Jefferson Davis as a son-in-law?
- Who was the youngest man to become president?
- Who was the only president to be impeached?
- Which president served the longest term in office?
- Which president served the shortest term in office?
- Match the presidents with the bills on which they appear:
  - Jackson
  - Jefferson
  - Grant
  - Washington
  - McKinley
  - Cleveland
  - Lincoln
- Match the presidents with their occupations after they left the White House:
  - U.S. Senator
  - U.S. Representative
  - Chief Justice, U.S. Supreme Court
  - Professor
  - Rancher
- Match the presidents with their occupations before they became president:
  - George Washington
  - Harry S. Truman
  - Herbert Hoover
  - Warren Harding
  - Andrew Johnson
- Match the presidents with their nicknames:
  - Coolidge
  - Lincoln
  - Jackson
  - W. H. Harrison
  - Eisenhower
  - van Buren
- Match the Presidential homes with the presidents who lived in them:
  - Thomas Jefferson
  - George Washington
  - Andrew Jackson
  - James Madison
  - Lyndon Johnson
  - T. Roosevelt
- Match author and book:
  - Richard Nixon
  - John Kennedy
  - Theodore Roosevelt
  - Woodrow Wilson
  - D. Eisenhower
- Match author and book:
  - History of the American People
  - Six Crises
  - Profiles in Courage
  - Naval War of 1812
  - Crusade in Europe

Answers on page 17



# THINKER TOYS

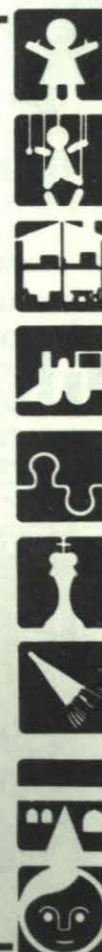
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Parents of children from six to eighteen months may bring baby food. Other children may purchase lunch or dinner (lunch served between 11 and noon, dinner from 5:30 to 6).

Parents of younger children should provide diapers as needed, a plastic bag for soiled clothing and a diaper bag. Items should be labeled.

Parents are requested to cancel reservations when necessary. Reservations will only be held for one half hour. □



## La Mesa Community Center

Need a convenient place to conduct meetings, recreational activities and social functions? The La Mesa Community Center located behind the Village Store is for you use as a housing resident.

The center provides three multi-purpose rooms separated by folding partitions, a small kitchen, an outdoor picnic area with barbecue pit, and can accommodate 15 to 65 people inside.

The center is available on a first-come, first-serve basis with nonprofit organizations having priority. Second priority goes to private parties and third priority to special interest groups (those charging tuition).

There is no charge for use of the center. To reserve it, apply in person to the Housing Director. Phone 646-2321.

## PRESIDIO NURSERY

The Presidio Nursery provides loving care for your child 3 months to 10 years of age. Rates are \$.80/hr. for one child and \$1.20/hr. for 2 children. Hours: 6:45 a.m.-5:30 p.m. Monday, 7:30-5:30 Tuesday through Thursday, and 7:30 a.m.-1:00 a.m. Friday. Closed Saturday and Sunday. Reservations are advised and can be made by calling 373-2346. The nursery is located in building 234 on Infanteria Street at the Presidio. □



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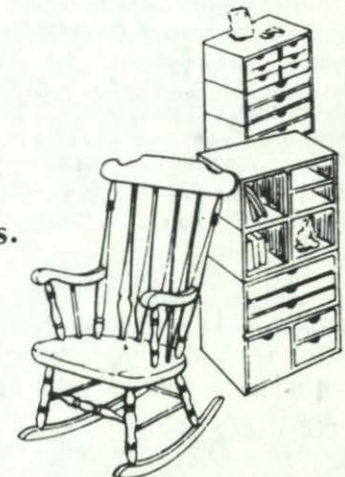
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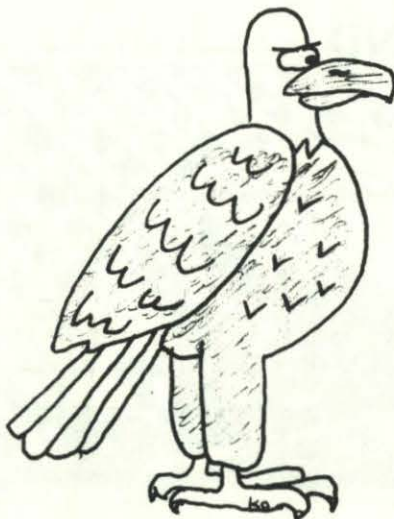
## 20 Things That Are Not What They Seem

1. A firefly is not a fly - it's a beetle.
2. A prairie dog is not a dog - it's a rodent.
3. A horned toad is not a toad - it's a lizard.
4. A lead pencil contains no lead - it contains graphite.
5. A Douglas fir tree is not a fir - it's a pine.
6. A silkworm is not a worm - it's a caterpillar.
7. A peanut is not a nut - it's a legume.
8. A panda bear is not a bear - it's a raccoon relative.
9. An English horn is not English and not a horn - it's an alto oboe from France.
10. A guinea pig is not from Guinea and is not a pig - it's from South America and it's a rodent.
11. Chop suey is not a native Chinese dish - it was invented by Chinese immigrants in California.
12. A bald eagle is not bald - it's got flat white feathers on its head and neck when mature, dark feathers when young.
13. A banana tree is not a tree - it's an herb.
14. A cucumber is not a vegetable - it's a fruit.
15. A jackrabbit is not a rabbit - it's a hare.
16. A piece of catgut is not from a cat - it's usually made from sheep intestines.
17. A Mexican jumping bean is not a bean - it's a seed with a larva inside.
18. A Turkish bath is not Turkish - it's Roman.
19. A koala bear is not a bear - it's a marsupial.
20. A sweetbread is not bread - it's from a calf's or lamb's pancreas or thymus.



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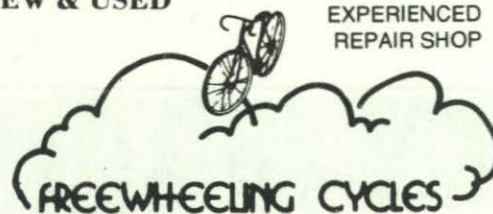
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# feature section

## INTERNATIONAL MESSAGE



**by Linda Jacobson**  
**SMC 2337**

With the summer quarter well under way and many new international families arriving every day, the next few weeks will be a busy time for everyone. Al-

though many have just arrived and are anxious to relax after their long journeys, others are still talking of their trips during the break.

Internationals celebrated the beginning of the break with a visit to a Dude Ranch near Paso Robles. The scenery was beautiful and everyone enjoyed swimming, horseback riding and much needed relaxation. The next trip took us on a tour through the California wine country and Muir Woods. By far the most exciting event was the white water raft trip on the Stanislaus River. This was a real adventure and a new experience for many of us.

On July 26 a large number of Internationals and sponsors enjoyed a day of fun, food and games at the annual summer picnic at Toro Park.

A day of wild, western fun was enjoyed by all at the Salinas Rodeo on July 17. This was Mexican-American Day at the rodeo and presented everyone with the opportunity to enjoy and learn about the unique culture of our Mexican-American citizens.

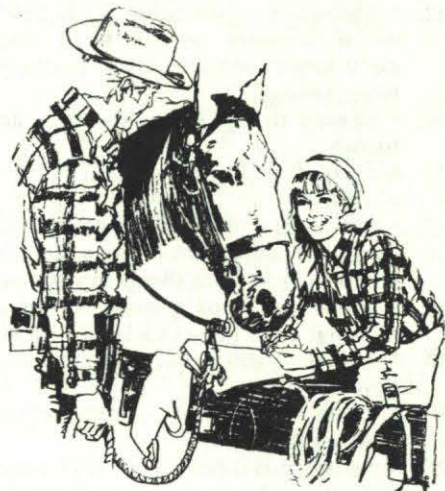
The International Committee and sponsors would like to extend a warm welcome to all those international students and their families who have arrived this summer. We hope your stay here will be a pleasant and rewarding one.

### UPCOMING EVENTS:

15 August - San Francisco Trip  
23 August - Great America Trip  
13 September - Graduation Dance

### INTERNATIONAL COMMITTEE ROSTER:

Chairmen: Jake and Linda Jacobson, 649-4892; Assistants: Lud and Candice Sorrentino, 375-4913; Hank and Lynne Turowski, 372-4679; Leo and Alice Mayoral, 646-8445; Jim and Jacque Crehan, 373-7091; Tom and Debbie Donaldson, 372-4900; International Training Officer: CDR Dick McGonigal, 646-2186. □



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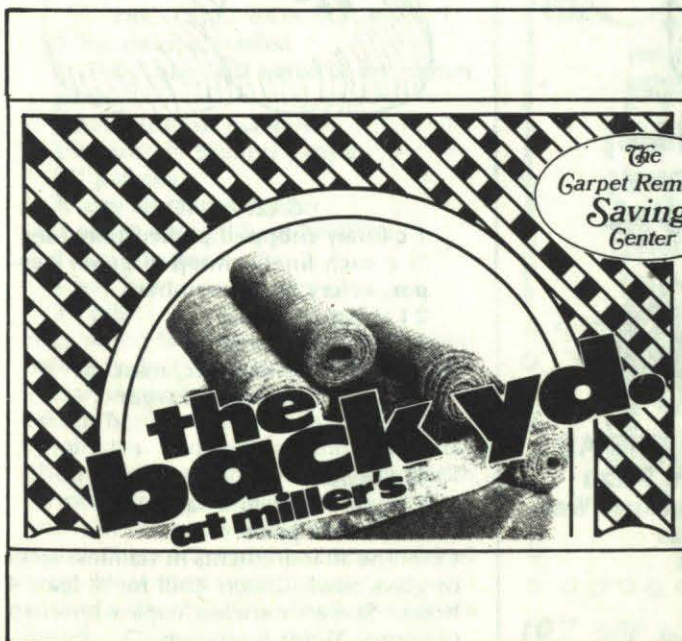
# WHERE IT'S HAPPENING

by Janice Blanton

Once again this month's activities on the Peninsula are dominated by musical events. There are a series of Sunday Afternoon Concerts to be held at Carmel's famous outdoor Forest Theater. Also the whole family will enjoy a typical county fair during the Monterey County Fair. Finally, don't forget the OSWC Brunch and Installation of New Officers on August 15.

- Aug. 1-2 **NCGA Public Links Golf Championship**, Spyglass Hill Golf Course, Pebble Beach.
- Aug. 2-3 **Champion Spark Plug 200**: Laguna Seca Raceway, Monterey. Information and tickets can be obtained from the NPS Recreation Office.
- Aug. 3 **Sunday Afternoon Concert**: El Mariachi Mixtlan De La Bahia De Monterey. Enjoy the music of south of the border at the outdoor setting of the Forest Theater in Carmel. The program starts at 2:00 p.m. Admission FREE.
- Aug. 1-3  
8-10  
15-18  
23-24  
29-31 Hidden Valley Musical Theatre Ensemble: **My Fair Lady**; Hidden Valley Theatre, Carmel Valley.
- Aug. 2, 9  
16, 23, & 30 Hidden Valley Musical Theatre Ensemble: **You're a Good Man Charlie Brown**; Hidden Valley Theatre, Carmel Valley. 2:30 p.m. Adults \$8.00 Children \$6.00
- Aug. 3 & 10 **Hidden Valley Music Summer Orchestra Seminars**: Sunset Center, Carmel. 8:00 p.m.
- Aug. 8-10 **Annual Monterey American Indian Arts and Crafts Show and Sale**: Monterey County Fairgrounds, Monterey

- Aug. 10 **Sunday Afternoon Concert**: Monterey Peninsula Square Dancers, Forest Theater, Carmel, 2:00 p.m. Admission FREE.
- Aug. 15 **OSWC Brunch and Installation of New officers**, Barbara McNitt Ballroom, 11:00 a.m.
- Aug. 15 **Hidden Valley Music Seminars**: Orchestra Concert, Monterey Conference Center, 8:00 p.m. Admission FREE.
- Aug. 17 **Sunday Afternoon Concert**: Pastime with Good Company, Forest Theater, Carmel, 2:00 p.m. Admission FREE.
- Aug. 19-24 **Monterey County Fair**; Monterey County Fairgrounds, Monterey. 10:00 a.m. to 10 p.m. Daily
- Aug. 22 **Hidden Valley Music Seminars**: Elisabeth Schwarzkopf Vocal Master Class recital; Sunset Theater, Carmel, 8:00 p.m. Tickets \$8.00 in advance and \$10.00 at the door.
- Aug. 23 **Historic Auto Races**: Laguna Seca Raceway, Monterey. Tickets and information can be obtained at the NPS Recreation Office.
- Aug. 24 **Sunday Afternoon Concert**: The Watsonville Band; Forest Theater, Carmel. Program begins at 2:00 p.m. Admission FREE.
- Aug. 29-31 **Pebble Beach Horse Trials and Three-Day Event**: Pebble Beach Equestrian Center, Pebble Beach.
- Aug. 30-31 **Parade of Nations**: 9th annual International Festival, Custom House Plaza, Monterey.
- Aug. 31 **Labor Day Regatta**: Stillwater Cove, Pebble Beach.
- Sept. 1 **Labor Day** □



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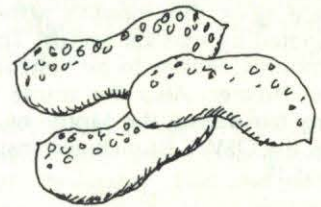
by Rosemary Collin Elger

The feature this month is an interesting collection of soup recipes. They can be used as an appetizer to complement the meal, or as a light meal themselves. I think they're especially appropriate in the Monterey area with the weather on the cool side. Enjoy!

## VICHYSOISE OR LEEK POTATO SOUP

- 1 large leek, minced (white part only) (can substitute freeze dried leeks)
- 4 medium sized onion, minced
- 1 T butter
- 2 med. potatoes, peeled and sliced very fine
- 3 c clear chicken stock (or 3 c water and 3 bouillion cubes)

Saute leeks and onion in butter about 3 minutes. Cook potatoes with sauteed vegetables in chicken broth 15 minutes or until tender. Puree in blender. Add:  $\frac{3}{4}$  to 1 c cream, dash of mace, salt and white pepper, chopped chives. Ready to serve warm or chilled.



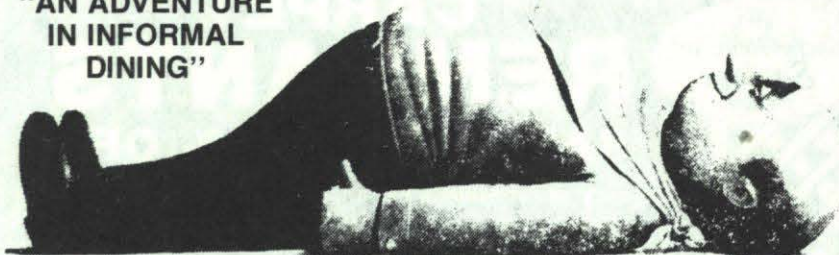
## PEANUT SOUP

- 2 T butter
- 2 T grated onion
- 1 branch celery, thinly sliced
- 2 T flour
- 3 c chicken broth
- $\frac{1}{2}$  c peanut butter
- $\frac{1}{4}$  t salt
- 2 T lemon juice
- 2 T chopped roasted peanuts

Melt butter in saucepan over low heat; add onion and celery. Saute for about 5 minutes. Add flour and mix until well blended. Stir in chicken broth and allow it to simmer for about 30 minutes. Remove from heat, strain broth. Stir the peanut butter, salt and lemon juice into the strained broth until well mixed. Serve in hot cups. Garnish each cup with a teaspoon of chopped peanuts. Make six servings.



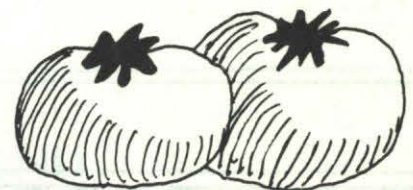
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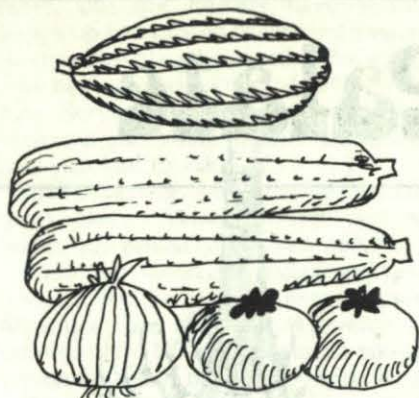


## GAZPACHO

- 1 c finely chopped, peeled tomatoes
- $\frac{1}{2}$  c each finely chopped green pepper, celery and cucumber
- 2 t snipped parsley
- 1 t snipped chives
- 1 small clove of garlic, minced
- 2-3 T tarragon wine vinegar
- 2 T olive oil
- 1 t salt
- $\frac{1}{4}$  t pepper
- $\frac{1}{2}$  t worcestershire sauce
- 2 c tomato juice

Combine all ingredients in stainless steel or glass bowl. Cover; chill for at least 4 hours. Serve in chilled cups with crisp croutons. Yield: 6 servings. □

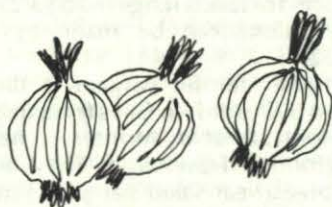




#### CREAM OF CAULIFLOWER SOUP

1 stick butter  
1 onion, finely chopped  
1 clove garlic, pressed  
½ c flour  
3 c half and half cream  
1 T chicken concentrate  
1 shot tabasco  
1 t maggi

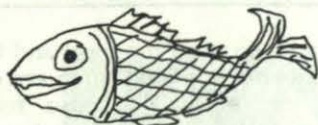
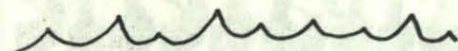
Lightly saute butter and onions. Add garlic. Stir in flour, cream and chicken concentrate. Cook until thick. Add tabasco and maggi. Add: **1 head of cauliflower**, steamed (about ½ hour or until tender) in ½ c white wine and ½ c milk. Cut in small flowerettes. Add cauliflower to soup. Simmer and garnish with slivered almonds.



#### FRENCH ONION SOUP

3 lbs. onions, peeled  
(5 lb. bag will equal 3 lbs. when peeled)  
4 oz. butter or margarine  
1½ t freshly ground pepper  
2 T paprika  
¾ cup all-purpose flour  
3 quarts canned beef bouillon  
1 c. white wine  
1 bay leaf  
1 t salt

Slice onion ⅛" thick. Melt butter, place onions in and saute slowly for 1½ hours in a large soup pot. Add other ingredients except bouillon, saute over low heat for 10 minutes. Add bouillon and simmer for 2 hours. Adjust color to a rich brown with caramel coloring or Kitchen Bouquet. Season with salt to taste. Put in icebox overnight. This recipe yields 2 qts. finished soup. Heat soup under broiler, top with slice of swiss cheese and a slice of french bread.



#### SEAFOOD CHOWDER

4 med. potatoes, cubed  
¼ lb. salt pork or dried bacon  
1 c water  
1 med. onion  
1½ t salt  
¼ t pepper  
1 large can evaporated milk  
2 lbs. fish, filleted (suggestions: cod, clams)

Thaw fish and cut into bite size pieces. In small skillet, saute salt pork, floured fish bits, and onion until golden brown. Drain, and add potatoes, water, salt, pepper and milk.

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# The Peripatetic Palate

by Deb Lott

My husband and I have found that among the best bargains to be found on the Monterey Peninsula are lunches! Often the same or similar menu as that at dinner is offered, but at far lower rates, even as much as half price. So we now make dates for lunch! It's an excellent way to enjoy some of the Peninsula's fine restaurants in a very reasonable manner.

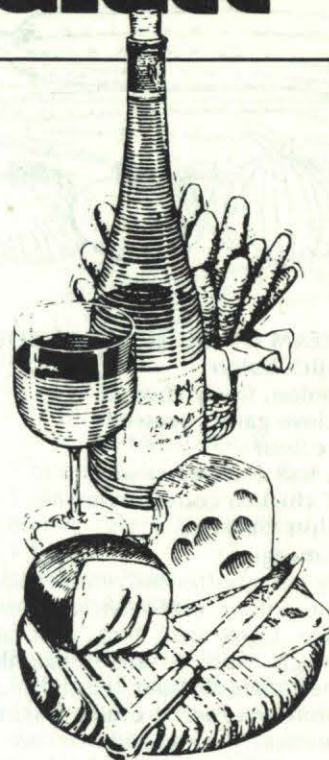
We had a superb Japanese lunch at **The Ginza** restaurant, 136 Olivier Street, near Fisherman's Wharf. You enter through a pretty Japanese garden complete with goldfish pond. Inside, the tatami, or straw mat rooms, looked pleasant and serene, but if your husband is like mine and wants a chair with support for his back, the table area is rather short on atmosphere which is disappointing after the lovely facade of the building.

However, the food was simply delicious. Lunch came with a very good soup of clear chicken broth with straw mushrooms and a paper-thin slice of lemon served in a pretty lacquer bowl. The soup was followed by a lettuce salad with two shrimp in a very light, faintly oriental dressing. It was fresh and tasty. Green tea

also accompanied the meal and the pot was cheerfully refilled when empty.

For my entree, I chose tempura, quickly deep-fried, giant, butterflied prawns and vegetables in a delicate, crunchy batter. It was excellent; the shrimp were crisp and the light batter complemented, not overpowered them. My husband had a special sukiyaki prepared in the kitchen and brought to the table in a large attractive bowl. He ate his fill of thinly sliced beef, fresh mushrooms, green onions, tofu, bamboo shoots and shiraki (yam noodles) all braised in a soy and wine based sauce, and thoroughly enjoyed it.

Our luncheon companions selected beef teriyaki and chicken teriyaki. Both entrees were marinated and broiled in teriyaki sauce and consisted of very generous portions. The beef dish was a plate-sized steak broiled as requested. The chicken entree was four large pieces, enough for lunch and to take home. Both teriyakis were declared to be scrumptious. Steamed rice was served with the meal, and its large serving bowl was left on the table for extra helpings. Everything was served most attractively and courteously. We greatly enjoyed our



meal and intend to return. For anyone familiar with Japanese cuisine, **The Ginza** is a treat.

Prices for lunch range from \$3.25-\$7.00. Reservations can be made by calling 375-5264.

Another terrific bargain is the Luncheon Buffet at **Two Guys from Italy**, 2030 Fremont Street in Monterey, near the Fairgrounds Travelodge. They offer an all-you-can-eat salad bar plus three hot entrees. This is not your ordinary salad bar, but an antipasta bar, along with the more usual items, such specialties as marinated artichoke hearts, a delicious eggplant relish, cold cuts such as coppa ham, Italian salami, mortadella, provalone, swiss cheese, and Alaskan king crab legs (although you were requested to limit yourself to one). The greens were fresh and crisp. Fresh oranges, watermelons and honeydew were a welcome addition.

The day we were there the entrees were a very good lasagna, Sicilian deep-dish pizza with wonderfully rich tomato sauce, and meatballs with raisins, which were fantastic. There was also fresh broccoli that had been lightly sauteed in garlic and a little oil so that it was still crisp. It was perfect.

The entire gamut of gastronomic delights can all be had for \$3.25 a tremendous value. And you are encouraged to return for seconds - if you can. A regular menu is also available.

The dining room and furnishings are

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basic, but the owners have spruced things up and turned the dining area into an attractive place by painting the walls to look like a grotto with insets of scenes of Italy. Service was attentive: plates were removed and water glasses refilled before you had to ask.

In the evening, the extensive menu features eleven Wisconsin-fed veal and numerous breast of chicken dishes.

Pizzas are handmade and range in price from \$2.75 to \$9.50 for the large supreme. All sauces are made from scratch and simmered for hours. Orders for take-out are accepted for both lunch and dinner.

The Luncheon Buffet is offered Monday-Friday and we recommend it for a quick, very good, very inexpensive meal.

Reservations or orders can be made by phoning 646-0100.

## More Peripatetic Palate by Susan Hallums

This time of year seems to be a time when you like to take it easy with light lunches and dinners. A good place to get a great sandwich is **Mama Mia's Deli**. The sandwiches are huge and reasonable. The deviled eggs are so tasty. The jaws 2 sandwich with ham, turkey, pastrami, roast beef, salami, bologna, two kinds of cheese, lettuce, tomatoes, Italian peppers and pickles is plenty for 2 hungry people. It's called jaws because you really need a big mouth to bite into this one. **Mama Mia's** menu features every kind of sandwich you can think of and more. You can even have your choice of french or onion rolls, white, wheat, or rye breads. Marv is there til 4 daily except Sunday. Take a short walk to 1193 10th Street, 1 block from NPS for a great lunch.

**Air's Donuts** at 1151 10th Street near Mama Mia's Deli is a cheerful place to have a donut and coffee or even a bran muffin. They have tempting pastry cases with several types of donuts: raised, old fashioned, wheat and honey and cake. They feature twists, bear claws, apple fritters, buttermilk bar and delicious blueberry muffins with huge, tasty blueberries. A new item for cheesecake lovers is a now highlighted: "Uncle Otto's" New York style cheesecake from 85 cents to a huge 3 1/4 lb. cake for \$8.50, with every type of topping you can imagine. There is a drive up window open from 2 a.m. to 5 p.m., and the front door



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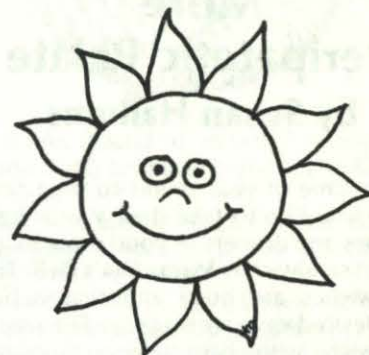


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is open from 6:30 a.m. to 5 p.m. to catch all you early birds and night owls. It is a great place to have some tasty morning goodies.

**Zepeda's** Restaurant upstairs in the Casa Fuente Building at 435 Pierce Street is a great place to eat authentic Mexican cuisine. It is operated by the Zepeda family: "Papa" Frank born in Chihuahua, "Mama" Juanita born in Mexico City, and their daughter, Rachel. The Zepedas moved their restaurant to Monterey in 1950. Featured are combination dinners - enchiladas, tamales, tacos, chili rellenos, tostados, and large scrumptious burritos. The servings are more than ample - the meals come on filled platters - with rice and beans served on all the combination plates. Prices are very reasonable. The dining room is open, spacious and immaculate with an attractive Spanish flair. The view of Pacific Street through the rear glass wall is a delight at lunch or dinner. You can tell that over 30 years of experience have gone into perfecting the **Zepeda's** carefully prepared dishes. I definitely recommend **Zepeda's** for an enjoyable meal. □



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8. Theodore Roosevelt
9. Andrew Jackson
10. Franklin D. Roosevelt
11. W.H. Harrison
12. 1)d; 2)b; 3)e; 4)a; 5)f; 6)g; 7)c
13. 1)b; 2)c; 3)e; 4)a; 5)d
14. 1)e; 2)c; 3)a; 4)b; 5)d
15. 1)d; 2)e; 3)a; 4)b; 5)c; 6)f
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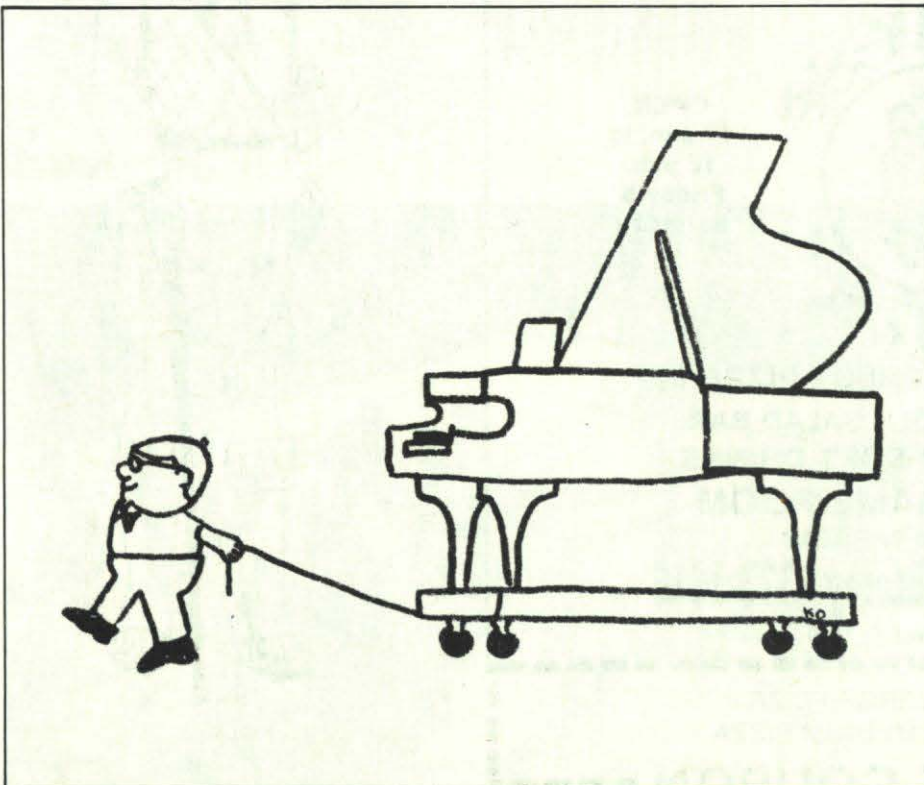
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# Scottish Highland Games

When the bagpipe skirls, everyone becomes an "instant Scotsman," and the opportunity to all to wear the tartans is at the annual Scottish Highland Games held in July on the Monterey Peninsula College athletic field. This day-long family affair is staged each summer by the Scottish Society of the Monterey Peninsula as a community event benefitting the Elks Club cerebral palsy fund.

Games week is launched when the Bal-lantine Caber is paraded through the streets of Carmel, accompanied by a Scottish Society official in full attire, the pipes and drums of the Monterey Scottish and Salinas Valley Highlanders bagpipe bands and a host of peninsulans and tourists. The caber (19 feet and 120 pounds of mighty tree trunk) is housed permanently at the Red Lion (San Carlos and Seventh), where it is "retired" from service after the annual games.

The day of the games itself is filled with the traditional athletic events - tossing



the caber, putting the stone, throwing the weight - and with such impromptu fun as tug-of-war. There are also colorful Scottish arts competitions: band, ensemble and individual piping; Scottish Highland and Irish dancing. Entrants come from all over the West.

In addition to the competitions, there are clan tents, each with ancestral links; a selection of British isle goods sold by import stores from across the state; roving troubadours singing Celtic songs; a sheepdog demonstration (always a favorite diversion); and Scottish country dancing for all on the green.

There are food booths selling both British and American food, and the greensward is perfect for picnicking on a blanket. So come, bring the family and enjoy a bit of bonnie Scotland on the peninsula!

For further information call Roderick MacKay, Games Chairman 649-7302. □



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photos by Jennifer Taylor



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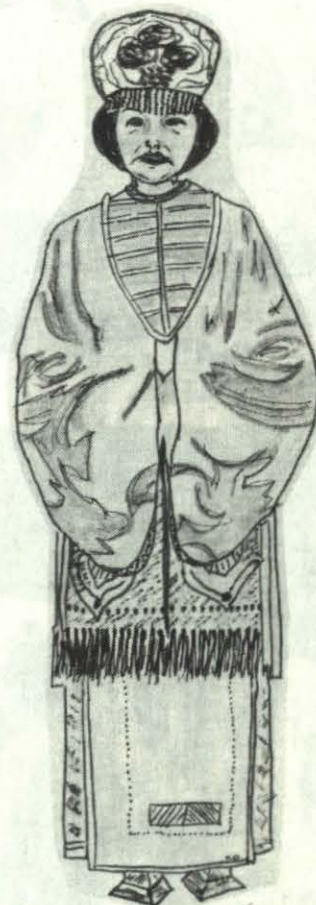
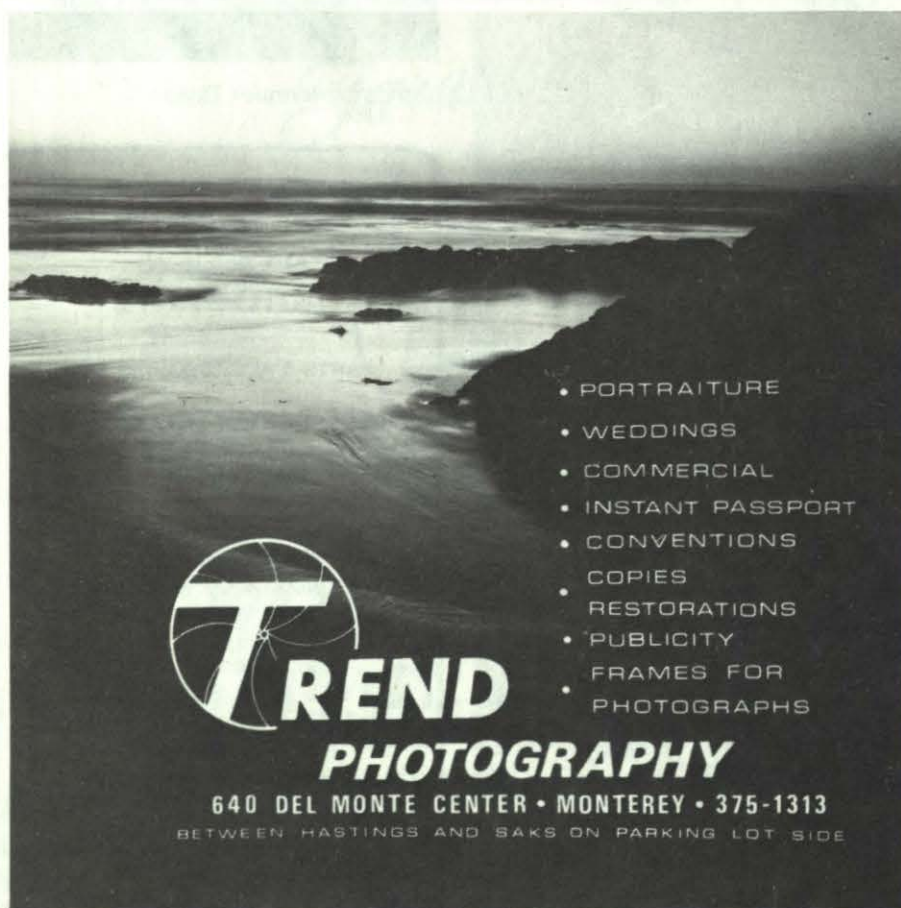
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**The Feast  
of Lanterns**

**by Janice Blanton**

This delightful celebration happens each year on a Saturday evening in late July. The legend of the Feast of the Lanterns is depicted on the pier at Lover's Point in Pacific Grove, with a commentary broadcast by public address system to spectators in the park and along the shoreline. As a part of the festivities, a parade of lighted fishing boats makes its way from Monterey pier past Lover's Point. The lighted water parade is really a unique and beautiful sight on the Monterey bay and is enjoyed by thousands of onlookers. The pageant ends with a lavish fireworks display. A week of special events usually precedes this Saturday evening event, with the schedule published in the local newspaper. For a memorable summer night on the Monterey peninsula keep the Feast of Lanterns in mind next July. □

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# Monarch Butterfly Festival

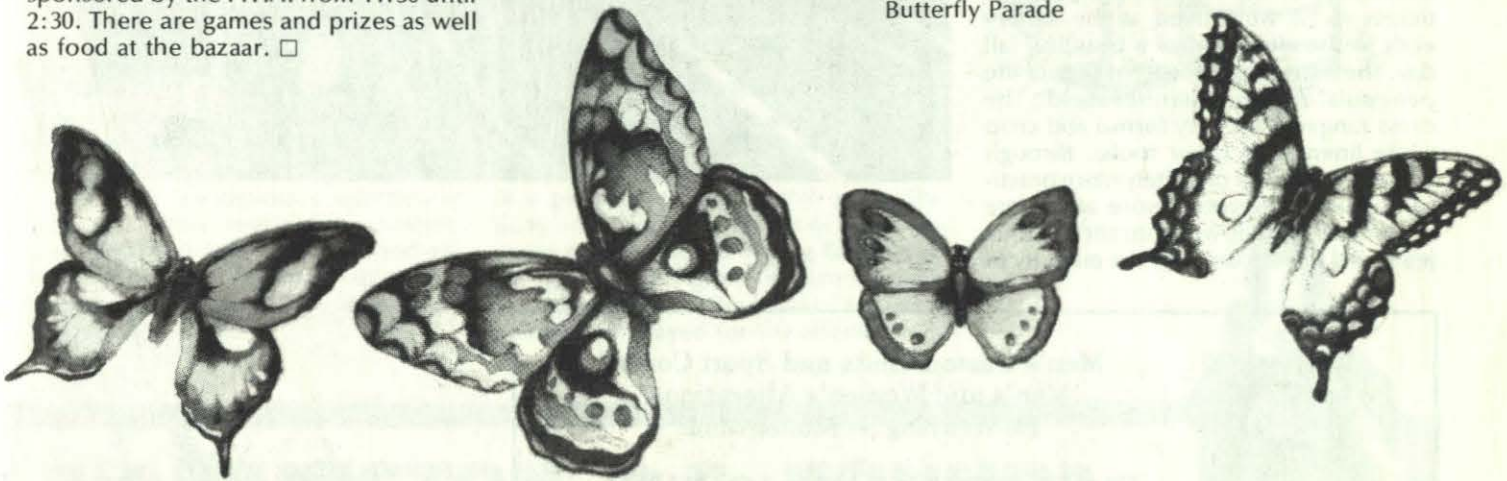
by Leslee Paquette

During the end of September and the beginning of October, the Monarch Butterflies return to the Butterfly Trees in Pacific Grove, completing their mysterious migration to the same pine trees each year. Thousands of the butterflies stay for the winter months and leave on schedule. No one knows how long the mass migrations have occurred, but it is believed that the pine trees, mild climate, and wild flowers such as sand verbenas, continue to lure the butterflies to Pacific Grove.

In honor of the occasion, over 1200 elementary school children, wearing different costumes with various themes, parade through downtown Pacific Grove, this year on Saturday, October 18th. The parade, starting at 10:30 a.m., is followed by a giant bazaar at the junior high school sponsored by the P.T.A. from 11:30 until 2:30. There are games and prizes as well as food at the bazaar. □



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# Wine Stomp

by Jennifer Taylor

California is blessed with the perfect climate and soil to produce some of the world's greatest wines. We are fortunate to live in an area which produces some of these wines, and to be close to the wineries where it is produced. Now there are wine festivals and there are wine festivals, but you haven't lived until you have attended an actual production-level event - a wine stomp. Each year the Monterey Peninsula Winery, located on Highway 68 behind the Old Stone House Restaurant just past the airport, sponsors just such an occasion. This gathering of wine enthusiasts is growing in popularity each year, and when tickets go on sale they disappear fast.

Last year, with tickets in hand that had been purchased months before (a fact attested to by the low numbers on our tickets -6-11) we arrived at the winery early in the afternoon of a beautiful fall day. The attendees came from all over the peninsula, and points farther afield. The dress ranged from very formal and crisp white linen suits (poor fools), through the less stylish but definitely more practical (as would become more and more apparent as the day wore on) ancient blue jeans and t-shirts worn by the majority of



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the crowd. If you do plan to attend this year, wear clothes you wouldn't even want to save for cleaning house, as they won't be self respecting rags when the day is over.

The grounds of the winery are quite beautiful, consisting of the old stone building and cellars themselves, with a peaceful pond and tree scattered ground in front. The first thing we noticed was Bacchus himself, atop an old wagon, in the process of regaling the crowd with tales of the grape, and inviting everyone to join the age-old ceremony of crushing the fruit by foot to produce the juice for the wine vats. Set about the lawn were many two to three person plastic tubs with crude wooden supporting frames built around them to hold on to when stomping. In the center of the grounds was a giant wooden traditional tub, standing about six feet high, which could hold several stompers at a time. Boy could it hold several stompers.

The party got started slowly, with grapes delivered by fork lift and dumped into the various vats. The foods and wine being served at the main building itself seemed endless, as did the crowds who lined up patiently and full of good humor to partake of the delicious selection of cold cuts, fresh vegetables, cheeses, breads and of course, wine. The food was displayed on large groaning tables, and the wine was ladled into glasses from giant wooden casks.

A few courageous souls were cheered as they cautiously dipped their toes into the cleaning baths then climbed into the grape vats. Their facial expressions did not encourage too many followers. But once the wine started flowing a bit more freely (the drinkable wine) more and more brave souls decided to try their han..oops feet. The sensation of squishing forty or fifty pounds of grapes (red ones of course) between your toes is unlike any other experience I have had. It is a bit unpleasant at first, until suddenly you get caught up with the enthusiasm of your fellow stompers, and soon the whole barrel is jumping with the force of several pairs of feet. As the wine flowed ever more freely, so the stompers antics went to greater and greater imaginative heights. Soon there were contests to see how many people could fit into the large vat. I'm pleased to state that the NPG School group won, squeezing (if my memory serves me correctly) about 20 dedicated stompers into the tub at one time. By this time, it was fatal to be discovered without a touch of the old grape juice on your clothing, and those poor souls in the crisp white linen suits soon were the somewhat less than crisp owners of a purple speckled grayish garb. The party soon became a melee of grape covered enthusiasts, all hailing Bacchus as the greatest thing since sliced bread, stomping grapes to the notes of a country band which played for the afternoon. If



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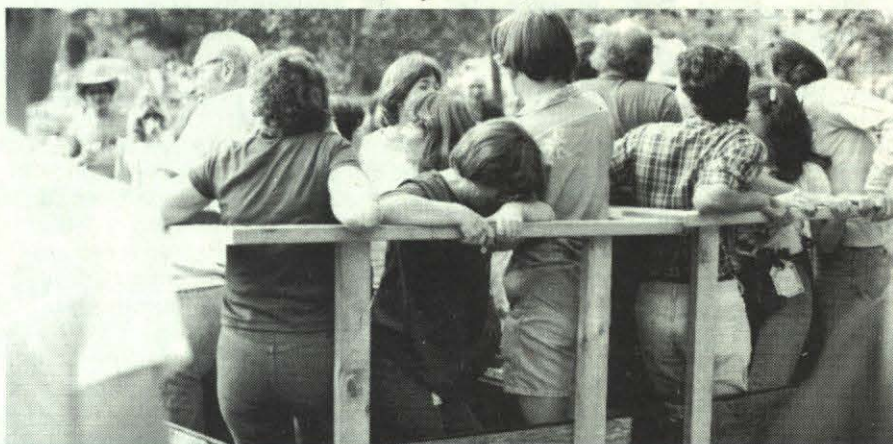
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formal wine tasting rooms are your cup of tea, stay far far away from this event this year. But if you enjoy an earthy simple basic good time, get your tickets as soon as they go on sale. The event this year will be on Oct. 4, and the tickets should go on sale soon. The tickets will be \$15. per person, and include all the food and wine you can consume. □



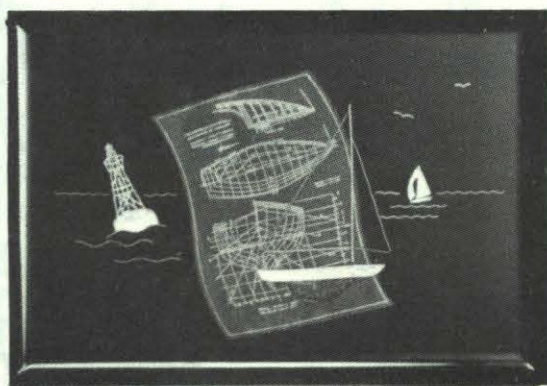
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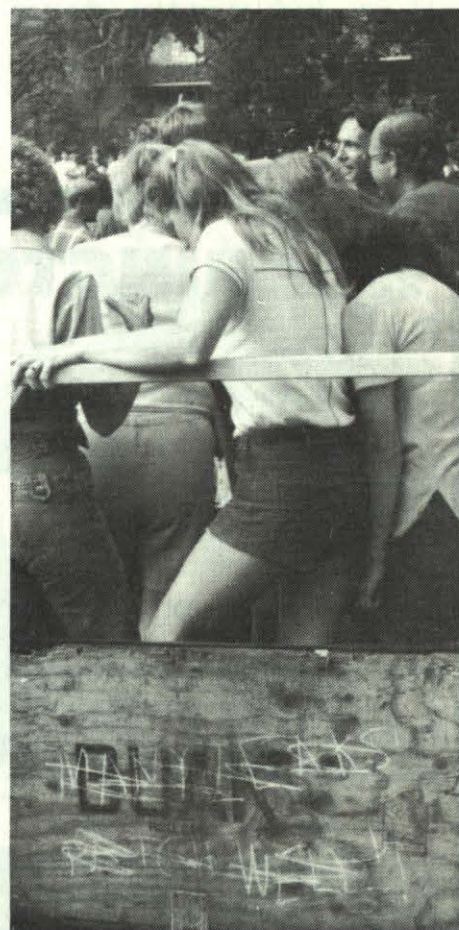
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"Stomp, Stomp!"



# Festivals Held Annually at Nearby Missions

by Leslee Paquette

While living in the Monterey area, individuals stationed at NPS have an opportunity to sample a unique facet of California history. Two of the chain of twenty one missions that stretch along California's coast are within a short drive of the peninsula - Mission San Carlos Borromeo de Carmelo (Carmel Mission) and Mission San Juan Bautista.

Carmel Mission was the second of nine founded by Father Junipero Serra on June 3, 1770 in Monterey. However, it was moved to Carmel in 1771 to take the Indians away from the influence of the military. It was the headquarters for the entire mission chain from 1770 to 1803. As one of the most authentic restorations of the twenty one missions, it is classified as a basilica because of its historic importance and connection with Father Serra, now under consideration for canonization.

The patron of the mission is St. Charles Borromeo, an Italian nobleman who chose to live simply, became a cardinal at the age of 22, and was archbishop of Milan shortly thereafter. He was noted for his reforms and devotion to faith. Feast Day for St. Charles Borromeo is November 4th.

The annual festival at the Carmel Mission Basilica is held on the last Sunday in September, this year falling on the 28th. Starting at noon and ending at 5:00 p.m., the festivities include a chicken barbeque, various Spanish delicacies, an artists' exhibit, and continuous entertainment. Tickets cost \$4.50 and can be obtained at the mission or by writing to P.O. Box 2235, Carmel.

Honoring St. John the Baptist, Mission San Juan Bautista was founded June 24, 1797. The cornerstone of the present massive structure (it is 190 feet long) was laid in 1803, and the row of 20 arches distinguishes the mission from all of the others. The town of San Juan Bautista grew around the mission, and the buildings immediately surrounding it form a state historical monument. It is interesting to note that north of the cemetery grounds is a rare portion of the original El Camino Real, California's first road that once connected the chain of twenty one missions.

Various celebrations are anticipated in San Juan Bautista. The All Saints' Day Celebration will take place on November 2nd. In addition to activities presented all over the town, a play presented by El Peatro Campesino will include a procession from the mission to the cemetery, with both day and evening performances. On December 12, 13, and 14, El



Carmel Mission Bell Tower

Kathy Oliphant



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Carmel Mission



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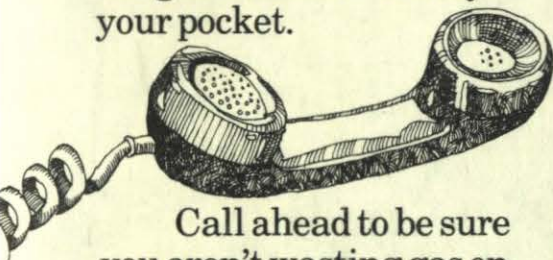
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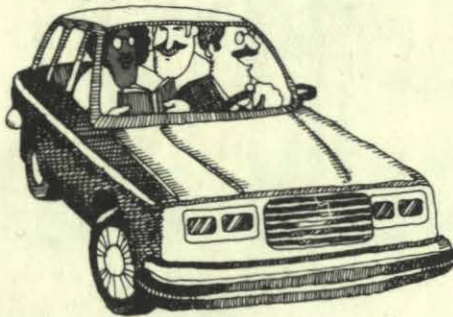
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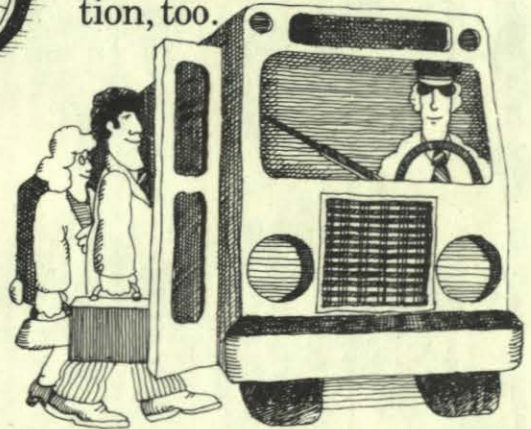


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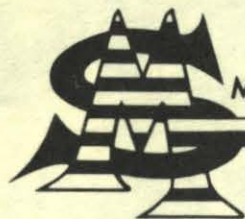
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